Mapping Your Passion

Helen Lockey

So many passions,

Too little time.

Aims

To consider what passion is/means/does To excite others about your passion



To define passionTo articulate your passion



Go to <u>www.menti.com</u>
Input the code: 11 11 01 0.
Enter THREE words associated with "passion" to help develop the word cloud.

craze relish frenzy vigour longing emotion fieriness penchant addiction obsession fascination

lust mania gusto ardour energy interest pasten fixation intensity weakness adoration animation infatuation excitement

love

zest





Johnny Depp has a **passion for Barbie dolls**, and describes playing with them as "*one of the things I'm good at*".

Source: www.ranker.com





Norma Chu is an ex-banker whose **passion for cooking** from an early age has led to DayDayCook, the #1 cooking media brand in China.

Source: https://yourhkstory.com





Tom Hanks has a **passion for vintage typewriters**. He's got 250 of them: "the tactile pleasure of typing old school is incomparable to what you get from a laptop".

Source: www.ranker.com





Mila Kunis is a diehard gamer with a passion for World of Worldcraft.

Source: www.ranker.com

Passions



Steve Wheeler in Malvern, UK has a **passion for milk bottles** and one of the world's largest milk bottle museums. "They are so nice to hold. I just love the tactile feel of them," he says cuddling a bottle. "I don't even like milk."

Source: www.dullmensclub.com





Some people in China have a **passion for competitive dog grooming**. This is a poodle creatively groomed into Eeyore from Winnie the Pooh.

Source: Ren Netherland/Barcroft





Chris Coles, "The Puzzle Man" from Dorset, has a passion for jigsaw puzzles, and has completed over 7,000 over the past 20 years. He does it now for a charity shop that wants to make certain puzzles donated to the shop are not missing pieces. "I just love it. It's so therapeutic and it teaches you to be patient. You can really lose yourself in it."

Source: www.dullmensclub.com

How do you know what (your) passion is?



Professional passions

JOB 1

PROFESSIONAL MOURNER

Attend the funerals of people you don't know; look sad and dab your eyes. HKD2,000 per funeral

PROFESSIONAL ODOURISTE Smell products or people and give assessments on their odour and

judge if they smell good enough. HKD416,000 per year

JOB 2 PROFESSIONAL SNUGGLER

Give sad or lonely people hugs and cuddles to help them feel better.

HKD200 per minute

JOB 5 MARIJUANA EXTRACTOR

Process marijuana and hemp components to make oils, concentrates and edibles. HKD560,000 in first year

JOB 3 **PROFESSIONAL BRIDESMAID** Be the bridesmaid for brides you don't know, and socialise at their weddings. HKD3,000 per wedding JOB 6 **VEGAN FOOD CART VENDOR** Make, market and sell delicious hot and cold vegan snacks from a cart. HKD1,000 per day

Ikigai reason for being

My passions in progress ...



Jewellery

Qipao



Finding your ikigai (and your passion)

It makes you happy

It gives you wellbeing

It makes a difference

It fulfils you

It is in tune with you

It is meaningful

It has purpose

It is recognised

It is valued

It is your legacy

It is your calling

Your ikigai (and passion) is your reason for being.

